

Beyond Your Bubble: Bridging the Political Divide
Speaker Opportunity: Dr. Tania Israel



For more than twenty years, Dr. Tania Israel has been stimulating audiences to think creatively, interact more effectively, and improve their ability to navigate complex human dynamics. As a researcher and change broker, she has presented keynotes and invited addresses at national conferences, college campuses, continuing education workshops, and community gatherings. In addition, [her TEDx talk](#) has been viewed more than 90,000 times.

Dr. Israel is currently available for speaking engagements in 2020-2021 to share insights from her upcoming book, *Beyond Your Bubble, How to Connect Across the Political Divide, Skills and Strategies for Conversations that Work*. Whether people are distressed about political conflict or simply unsure how to discuss their strong opinions with others, Dr. Israel can develop and deliver a program that empowers and inspires.

As our country becomes more polarized and divided, it can be difficult to bridge the political divide. How do we talk with people who hold political views that are different from our own? Is there a path forward, out of conflict, toward understanding and common ground? Dr. Israel can speak to this issue in one of several different formats to meet your organization's needs, all of which are adaptable for an online environment:

- A 30-60 minute address will instill hope and offer a framework for conflict resolution
- A 2-hour interactive workshop will help participants build skills for listening, managing emotions, and perspective taking
- A 3-4 hour continuing education workshop will provide helping professionals with tools to help others navigate political conflict

People of all political viewpoints can benefit from these programs. Having facilitated educational programs and difficult dialogues about a range of topics, including abortion, law enforcement, religion, and sexual orientation, Dr. Israel is an ideal speaker for these challenging times. If you are curious to learn more about this topic, additional information is available at <http://taniaisrael.com/beyond-your-bubble/>.

Dr. Tania Israel is a Professor of Counseling Psychology at the University of California, Santa Barbara. Her honors include Fellow of the American Psychological Association, Past-President of the Society of Counseling Psychology, and 2019 Congressional Woman of the Year for the CA 24th District. She is known for her expertise, engaging presentation style, and accessible approach to research and practice. If you are curious to learn more about Dr. Israel, additional information is available at taniaisrael.com



If you are interested in securing Dr. Israel for an upcoming event, please visit: <http://taniaisrael.com/speaking-inquiry/>